

Recent Books from Nepal – April 2023

Mary Martin Booksellers Pte Ltd
Blk 231, Bain Street
#03-05, Bras Basah Complex
Singapore 180231
Tel : +65-6883-2284/6883-2204
info@marymartin.com
www.marymartin.com

Art

Paubha – Where The Divinities Reside : Paubha Paintings by Ujay Bajracharya / Ujay Bajracharya
Lalitpur: Sacred Gallery, 2022
156p.
Includes Bibliography
9789937122115
\$ 75.00 / HB
1000gm.

"Paubha: Where The Divinities Reside" is a book written by the Paubha Artist Ujay Bajracharya. This book contains history, iconography, the objective for the execution of Paubha painting and many more details about Paubha Painting. Paubha painting is traditional Newa art originated from Kathmandu Valley. This art form is well appreciated by art lovers, art conneuseiours and is quoted as high quality art around the globe. Almost every museums throughout the world have showcased this art form. This book should be in the collection of art lovers, art historians, wannabe artists, artists, art researchers and is also perfect for coffee table book as an high art book.

<http://www.marymartin.com/web?pid=847601>

Architecture

Urban Residential Neighbourhoods of Kathmandu Valley / Mohan Moorti Pant, Rijina Bajracharya & Sunaina Karmacharya
Lalitpur: RICH Architectures Company (Architect's Bookshop), 2022
179p.
9789937120227
\$ 50.00 / PB
884gm.

...In a city, there are three locales that a common citizen is concerned of- place of living, place of work and place of shopping and entertainment activities. Of the three places, place of living, which is the neighbourhood quarter occupies from half to two third of the city space, and is the most fundamental in city planning...

<http://www.marymartin.com/web?pid=847602>

Patan – Vabaha: History and Inventory of a Newar Buddhist Monastery / Bijay Basukala, Niels Gutschow & Nuthandar Sharma (Chief Ed) Axel Michaels
Lalitpur: Rich Publishers Patan, 2022
206p.

9789937130967
Documenta Nepalica, Book Series 5
\$ 50.00 / PB
716gm.

This volume presents the religious, architectural, and textual background of Vabäha, one of the 16 main monasteries of Patan, located in one of the three royal cities of the Kathmandu Valley in Nepal. The history of the Buddhist monastic courtyard and its objects is presented along with 42 inscriptions, dating from 1596 CE to 2021.

Bijay Basukala is an artist from Bhaktapur, engaged in the documentation of the architectural heritage of the Newars. He documented three of the monastery's four caityas in 2021 with measured drawings.

<http://www.marymartin.com/web?pid=847603>

Biography/Memoirs

A Phase I'm Going Through : A Trilogy of Memoirs / Anthony Lindsay Jones

Nepal: Anthony Lindsay Jones (Self-Published), 2023

450p.

9798367361216

\$ 40.00/ PB

686gm.

<http://www.marymartin.com/web?pid=847604>

The Life of a Nepal Village Boy / Ambika Mohan Joshee

Nepal: Ambika Mohan Joshee (Self-Published), 2021

296p.

9789937726320

\$ 30.00 / PB

249gm.

In this enthralling memoir, Ambika Joshee explains his life experiences through a reflection of his own memories and candid storytelling. Joshee provides a unique perspective into each of his life stages, growing up in a remote village in Nepal and the struggles of his childhood days studying under dim kerosene lamps, looking back at the lessons learned from his mother through the lens of a retired person, understanding the cross-cultural difficulties faced by American Peace Corps volunteers from the perspective of a Nepali national, and going through a PhD program, with a viewpoint of a 74 year old with a lifetime of experience in education. He vividly narrates his struggle and eventual success opening a night high school in his village which was much needed for the government employees and farmers of the district. He candidly recounts various stories from his thirty years of experience working for the U.S. Peace Corps in Nepal, including the cultural differences confronted by the volunteers as well as the fresh perspective brought by the volunteers into classrooms of remote villages in Nepal. Joshee's quest for knowledge continues in his retired life in this truly inspiring collection of stories with awe, wonder, and honesty.

<http://www.marymartin.com/web?pid=847605>

Erika and King Tribhuvan: The Extraordinary True Story of A Woman Who Went To Nepal,

Met a King, and With Him Overthrew a Kingdom / Erika Leuchtag

Kathmandu: Educational Publishing House, 2021

310p. ; ill. 21 cm.

9789937711609
\$ 25.00 / PB
236gm.

In the mountain fastnesses beyond the Himalayas lies the remote, exotic kingdom of Nepal. To this strange land Erika Leuhtag was summoned to give medical treatments to the royal family. Exciting as the adventure seemed to her as she crossed the mountains, she had no idea of the complicated drama in which she was to play an important part. For she found that Nepal's King was a mere figurehead, and that the real power lay in the hands of the Ranas, hereditary prime ministers of the land. She found, too, that King Tribhuvan was intelligent, sensitive, and handsome-truly a figure of romance. He lived in a fairytale palace with his two queens, surrounded by every luxury-but always in the background, controlling his every action were the Ranas. The mounting excitement of Erika's story would be rare in any novel of Oriental intrigue-yet it is all true. She won the confidence of the King and his family and put him in touch with Nehru, who helped him to overthrow the Ranas and regain his throne. Yet tragedy in the end clouded their success. The author's description of the unusual struggle in which she found herself involved has compression and color, as well as a great deal of action. Not since THE KING AND I has such a charming, moving book about a Westerner's discovery of and influence on the East been offered to the American reading public.

<http://www.marymartin.com/web?pid=839769>

Ecology/Environmental Science

Algal Flora of Nepal, Vol. 1 : Cyanobacteria / Shiva Kumar Rai & Sajita Dhakal
Lalitpur: National Herbarium and Plant Laboratories, Department of Plant Resources, 2020
iii, 324p.

Includes Index ; Bibliography
9789937924863
\$ 75.00 / HB
1154gm.

In this book, all the cyanobacteria reported by various phycologists so far from different places of Nepal have been incorporated and presented systematically. The text covers the morphology, habitat and distribution with illustrations of all the cyanobacteria in details, using the recently developed molecular based polyphasic approach of classification. This is the first book ever written in the history of algal flora of Nepal that explores the species with illustrations in detail.

This book can be very useful for algae researchers, specially in identifying cyanobacteria.

<http://www.marymartin.com/web?pid=847606>

A Handbook of The Bryophytes of Nepal, Volume 1 / Nirmala Pradhan & Pratiksha Shrestha
Lalitpur: National Herbarium and Plant Laboratories, Department of Plant Resources, 2021
xiv, 312p. ; 39 colour photos

Includes Index
9789937924894
\$ 100.00 / HB
1028gm.

This book aims to present an overview of two groups: hornworts and liverworts of bryophytes. It is an outcome of several years of research on bryophytes made in different regions of Nepal. Altogether 552 species of this plant have been included in this book, which

also includes some published records of the National and International bryologists made in different periods of time. Although the study of bryophytes in Nepal was initiated long ago by Wallich in 1832, still many parts of the Himalayan region remain unexplored.

<http://www.marymartin.com/web?pid=847607>

Lichens of Nepal (Checklist) / Chitra Bahadur Baniya, Rajesh Tamang & Amrit KC
Lalitpur: National Herbarium and Plant Laboratories, Department of Plant Resources, 2022
262p.

9789937947626

\$ 100.00 / HB

890gm.

Lichen is commonly known as "JHYAU" in Nepali. Lichen is a life form with a natural attachment between two organisms: an alga and a fungus together in a symbiotic association. The algal component in the lichen is called phycobiont or photobiont (Blue Green algae and/or green algae) and the fungal component is called mycobiont (Ascomycetes or Basidiomycetes). Nature can only combine these two components to each other. Lichens are also called ascolichen and basidolichen based on their fungal partner of their association.

Among the 20,000 species of lichens so far believed to be existing in the world, 95% among them are the Ascomycetes group of fungi while the remaining are the Basidiomycetes and Deuteriomycetes of 3 and 2% each. Lichens are basically classified as crustose, foliose and fruticose based on their thallus structure.

Lichens grow and multiply by all three reproductive methods: vegetative, asexual, and sexual. Vegetative is the most common method of multiplication in which fragments detach from the mother thallus by means of certain external force. Detached fragment grows to separate individual. Asexual reproduction takes place by asexual spores such as soredia or isidia. Each asexual spore converts to lichen thallus after landing in any suitable habitats. Sexual reproduction fully depend on fungal partner until formation of sexual spore. Germination of fungal spore takes place after dispersal thus gives rise to a primary thallus. Lichen formation will take place after falling gonidia or algal asexual spores of specific taxa upon the primary thallus.

The first lichen collection in Nepal was made by Nathaniel Wallich in 1820-21. His collections were studied and described by Taylor in the same year and reported nine species as new to science. These were *Alectoria spinosa*, *Parmelia atrocappella*, *P. diademata*, *P. exsecta*, *P. nepalensis*, *P. wallichiana*, *Sticta wallichiana* and *Usnea compressa*. Nylander in 1860 published a monumental work on lichens entitled *Synopsis Methodica Lichenum* that included some of the Nepalese specimens collected by Sir J. D. Hooker and Thompson during 1846-1848.

Lichens have been used as food, medicine, dyes, perfume, ritual and aesthetic value by certain communities of people and in decorative purposes. Most of their secondary metabolites have been used in cosmetics, pharmaceuticals etc.

The present checklist of lichens of Nepal enumerated 1129 taxa including infra-specific categories. They were belonging to 237 genera and 66 families. *Cladonia* was the largest genera having 81 species followed by *Lecanora*, *Usnea*, *Parmotrema*, *Caloplaca*, *Leptogium* and others.

<http://www.marymartin.com/web?pid=847608>

Education

School Education in Nepal: History and Politics of Governance and Reforms / (Eds)
Lokranjan Parajuli & Devendra Uprety & Pratyoush Onta

Kathmandu: Martin Chautari, 2021
x, 406p. ; ill. ; 22cm.
Includes Index
9789937594264
\$ 25.00 / PB
452gm.

School Education in Nepal: History and Politics of Governance and Reforms charts the efforts of the various regimes since the Ranas to “school” the people of Nepal and the politics behind those initiatives. It also looks at the policies and regulations that govern the school sector. The book contains ten chapters divided in four major sections corresponding with the following political periods in recent Nepali history: pre-Panchayat (pre 1960), Panchayat (1960–1990), democratic (1990–2015) and the federal transition years (post 2015). The chapters provide a basic historico-political context to understand the complexities, the roles of various actors and factors in the development of school education in Nepal, as well as the consequences of the politics and policies, intended or otherwise, of such education. The book is especially useful for a younger cohort of researchers doing work on Nepal’s school education from a variety of social science disciplines.

<http://www.marymartin.com/web?pid=840816>

History

Of Salt and Rice : Life and Trade of the Bhote Khampa in Far West Nepal / Hanna Rauber
Zurich, Switzerland: Hanna Rauber (Self-Published), 2022
192p. ; 112 color- + 22 bw illustrations ; 8 maps.
Includes Bibliography
9783909105762
\$ 70.00 / HB
886gm.

The Bhote Khampa are a small Tibetan-speaking Buddhist ethnic group who for generations lived as migrant traders bartering salt and rice. Using sheep and goats as pack animals, their annual migration route took them from Purang in the Tibet Autonomous Region – a major marketplace for Tibetan salt – over high Himalayan passes, down south to the salt bazaars at the Nepal–Indian border, and back. On the way through the hills, they bartered Indian and Tibetan salt with Nepalese village farmers for their rice harvests. In the 1990s, however, China implemented new border regulations in Far West Nepal which ended the ancient barter trade for the Bhote Khampa.

This ethnography is a historical document of the Bhote Khampa’s life on the move in the 1970s, illustrated with photos, maps, graphs, and personal life stories. The Epilogue pays attention to how the Bhote Khampa have adapted since the cessation of their traditional barter. Also addressed are the political innovations at a national level – the inclusion of non-Hindu ethnic minorities – which turned the Bhote Khampa, once without any civil and political rights, into Nepali citizens with a right to vote.

<http://www.marymartin.com/web?pid=847609>

America Meets Nepal 1944-1952: Problems, Personalities and Political Changes / Daniel W. Edwards
Kathmandu: Ratnasagar Prakashan Pvt. Ltd., 2022
268p. ; 28cm.
9789937945424
\$ 25.00/ PB

330gm.

Book is based on U.S. State Department records and recounts the first contacts between Americans and Nepalis. It describes Nepal's early plans for economic development and its search for U.S. aid and assistance after World War II. The once-classified documents give inside information regarding the revolt against the Rana regime, India's role in the assumption of power by King Tribhuvan in 1951 and India's continued influence in the internal affairs of Nepal.

<http://www.marymartin.com/web?pid=842058>

Asian Influences on Tibetan Military History between the 17th and 20th Centuries / (Eds)

S.G. FitzHerbert & Alcie Travers

Kathmandu: Vajra Books, 2022

372p.

Includes Bibliography

9789937733298

\$ 45.00 / HB

624gm.

Military history is a domain in which nationalist or nation-state historical approaches often prevail. However, the military institutions and military culture of any nation are also shaped by encounters with external actors, traditions and technologies. Tibetan military history between the 17th and 20th centuries clearly exemplifies this, reflecting an always unique, though ever-changing synthesis of influences and elements, in which older Tibetan traits, structural features, cultural orientations and nomenclatures, were mixed with those borrowed from foreign cultures. Predominant among the foreign influences in the early modern period were Mongol, Manchu, Chinese and Nepali, and then somewhat later, Japanese, Russian, Indian and British.

<http://www.marymartin.com/web?pid=847610>

Khukuri: Kike, History and the Gurkhas / Kaman S. Rai

Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2023

188p.

9789937624237

\$ 35.00 / PB

454gm.

<http://www.marymartin.com/web?pid=847611>

Walung: A Comprehensive Study / Dawa Garden

Nepal: Tenzing Garden & Kanchhi Garden (Self-Published), 2022

280p.

9937126663; 9789937126632

\$ 30.00 / PB

236gm.

<http://www.marymartin.com/web?pid=847612>

Law

Project Bajho : A Study of the Climate Change Laws and Policies in South Asian Countries / (Ed-in-Chief) Dulki Seethawaka

Kathmandu: Lex & Juris Publication Pvt. Ltd, 2022

xxviii, 360p. ; 25cm.

9789937934367
\$ 45.00 / PB
558gm.

"Project Bajho" is a Millennium Fellowship project advancing Sustainable Development Goal: 13, concerning Climate Action by analysing the laws and policies regarding climate change and the environment of the South Asian countries. Millennium Fellowship is a semester-long leadership development program jointly conducted by the United Nations Academic Impact and the Millennium Campus Network (MCN). Students of Kathmandu School of Law who have been selected for the Millennium Fellowship Class of 2020, are leading this project along with a team of researchers and editors representing other South Asian countries. "Bajho" means barren land; the word is used in the project title to reflect a productive improvement in the climate change policies which are currently unproductive in the countries of the South Asian region.

<http://www.marymartin.com/web?pid=842531>

An Analytical Study on Constitutions of Nepal and Major World Constitutions / Laxmi Prasad Kharel

Kathmandu: Kharel Kanuni Sewa Tatha Anusandhan Kendra, 2019

352p. ; 22cm.

Includes Bibliography

9789937064163

\$ 35.00 / PB

390gm.

In this book, the author has thoroughly analyzed the Nepalese constitutions promulgated in different period of time and also their historical account of development. The author has also depicted the constitutional practice of some countries. Herein the book, we can find out the major world constitutions and their values from the view point of constitutionalism and rule of law.

<http://www.marymartin.com/web?pid=839770>

Literature

Panauti: A Mythology Sketch / Dr. Suman Raj Tamrakar

Nepal: Chandeshwori Shrestha Tamrakar, 2021

viii, 120p.

\$ 15.00 / PB

88gm.

In this book, there are legends which are in relation to the customs and traditions of Newar ethnic. These customs and traditions are the religious and cultural settings of Panauti. Most of the legends are related to the traditional ceremonies which the people of Panauti have been jointly celebrating every year performing different kinds if musical instruments. Therefore, this book is praiseworthy." – Jnan Kaji Manandhar, Renowned, senior culture expert.

As in other Newar cities, there are lots of tangible and non-tangible cultural assets in Panauti, namely temples shrines, cultural monuments, music, festivals etc. The city witnesses various festivals and rites throughout the year. I wish Dr Tamrakar all the best with this magnificent book and convey my gratitude for taking such an important step to

highlight the cultural importance of Panauti and its vicinity. It's my honor and pride to be the guardian of such academicians and cultural experts." – Bhim Neupane
Mayor Panauti Municipality.

<http://www.marymartin.com/web?pid=847614>

Dakini : The Himalayan Quartet / Deepak S Rana
Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2023
872p.
9789937624268
\$ 30.00 / PB
1060gm.

If you like historical fiction with flashbacks reminiscent of actual events, you will enjoy "The Himalayan Quartet". The author has a good grip on the past and a novelist's talent for bringing his characters to life in compelling scenes.

Dakini: The Himalayan Quartet is a compilation of four sequels by author Deepak Shumsher Rana. The author with his fast-paced engulfing narration blends his love for adventure and wildlife with magical realism. Dakini has a huge canvas – the fictional plot that begins with life during the Rana regime, with time enters unknown territories, not only in terms of location but also going deep into the human psyche, along with mysticism and philosophy. With his lucid language and vivid storytelling Rana is bound to make a major comeback in contemporary literature.

<http://www.marymartin.com/web?pid=847615>

Kavya : Representative Nepali Poetry in English / (Ed) Khen K. Aryal (et al.)
Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2023
322p.
9789937624251
\$ 30.00 / PB
294gm.

An anthology of poems written originally in English by thirty-seven Nepali poets from the 1950s to the present.

Kavya, a representative anthology of Nepal poetry in English, includes works by poets who write from a hybrid, in-between world traced by the traditions of Nepali and English literature as well as the worldviews of western modernity and eastern spiritualism. The poems included in this anthology reveal the evolution of Nepali poetry in English from the 1950s to the present and encompass varied thematic interests, literary styles, and cultural locations. A must read for all those who are interested in the history and practice of Nepali English writing. – Sanjeev Uprety, critic and author of Ghanachakkar

<http://www.marymartin.com/web?pid=847616>

Politics/Current Affairs

Non-Governmental Organizations in Development : Search for a New Vision / Bishwa Keshar Maskay
Second Edition
Kathmandu: Center for Development and Governance, 2021
216p.
Includes Index ; Bibliography
9781234567897

\$ 35.00 / HB
424gm.

<http://www.marymartin.com/web?pid=847617>

The Pandemic Years / Sujeev Shakya
Kathmandu: Thuprai, 2023
328p.
9789937942065
\$ 25.00 / PB
324gm.

The Pandemic Years is a collection of articles that appeared in 'The Other View' column of The Kathmandu Post from March 2020 till December 2022. The book is divided into six sections to reflect the range of topics covered in the column. Business and Economy covers a vast array of topics, including reforms, investment climate, and how the private sector functions. Culture and Society delve upon various issues, challenging and provoking reflection on numerous ideas and practices. Geo-politics covers the perspective of exploring the intersection of Nepal and the world. In Governance and Politics, the underlying idea relates to what the government needs to do. In Leadership, the pieces relating to individual reflection around change are discussed. The final section, Musings and Reflections, is a general category devoted to observations and the resulting thought processes.

<http://www.marymartin.com/web?pid=847619>

Religion-Buddhism

Commentary on Bringing Dreams on the Path from The Compassionate Sun of the Mother Tantra : Oral Teachings by Drubdra Khenpo Tsultrim Tenzin / Gyalshen Milu Samleg (Eds & Transcribeds Carol Ermakova & Dmitry Ermakov
Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2023
104p.
9789937624220
\$ 35.00 / PB
148gm

The teaching presented in this book is an edited transcript of a retreat given by Drubdra Khenpo Tsultrim Tenzin, Abbot of the Meditation School at Triten Norbutse Monastery, Kathmandu (28.12.2021 to 01.01.2022). Broadcast via video link from Nepal, the retreat was dedicated to instructions from the Mother Tantra of Yungdrung Bön on taking dreams as the path. Although this book has been made public following Khenpo's explicit wish, anyone who seriously wants to apply these methods must seek an authentic master and receive the authorisation and transmission in person. This will give the practitioner the ability to clearly understand the meaning of these instructions and connect him/her to the blessing of this lineage, thus ensuring their practice bears fruit.

<http://www.marymartin.com/web?pid=847620>

The Provisional and the Final Meaning, from The Pinnacle of the Great Expanse / Nyachen Lishu Tagring
Kathmandu: Triten Norbutse Monastery, 2022
124p.
9789937928793
\$ 15.00 / PB
172gm.

<http://www.marymartin.com/web?pid=847621>
